



Kidbits

Tidbits to help raise happy, healthy tikes



Child Guide frequently receives review copies from publishers. Here are a few recent books plus a look at a special treat provided by Health Is Wealth Foods.

See Dick Bite Jane

A Think and Do Book for Parenting Predicaments Big and Small.

Author: Elise Mac Adam
Publisher: Adams Media
www.adamsmedia.com

From strangers constantly “tummy-touching” to sandbox “negotiations” when Junior’s naptime has come and gone, *See Dick Bite Jane* is the perfect primer for every possible parenting pitfall. Featuring true tales of “uh-ohs!” and “oh, nos!” from mortified moms and dads, etiquette expert Mac Adam doles out helpful, straightforward advice designed to keep everyone on their best behavior. This book offers a fresh and funny look at today’s worst-case parenting scenarios.

Editor’s Note: The situations are easy to relate to and the humorous points in the book had me laughing out loud.

Soul to Soul Parenting

A Guide to Raising a Spiritually Conscious Family.

Author: Annie Burnside, M.Ed., Soul Nurturer
www.annieburnside.com or www.soulsoulparenting.com
Publisher: Wyatt-MacKenzie Publishing, Inc.
www.wyattmackenzie.com

Soul to Soul Parenting gives you the tools to lean an authentic, conscious, divinely inspired life so that you can provide the same for your children. Tap into your intuitive wisdom as together you explore universal spiritual principles through a variety of simple, daily means. Author Annie Burnside, teacher, wife, mother of three and professional soul nurturer, shares 22 methods for integrating spirituality into daily family life and also provides 15 universal themes to inspire communication and guidance within the family.

Talking Sex with your Kids

Keeping them safe and you sane – by knowing what they’re really thinking.

Author: Amber Madison.
Publisher: Adams Media
www.adamsmedia.com

The birds and the bees just got easier. Forget feeling embarrassed about having “the talk” with your kids. Research shows you’re the one they want to hear from when it comes to sex ed. Author Amber Madison is a 26-year-old award-winning author and lecturer who has taught thousands of parents how to approach kids so they’ll really listen. With insider advice on how to speak frankly without giving TMI, this book will encourage you to teach them to be safe and smart when it comes to sex.

Editor’s Note: As the mother of a very curious 10-year-old, I found much of the advice offered helpful. However, also being a conservative Christian, I found the section on abortion under sexual emergencies totally against my principles.

For the young readers:

Chipper the Clown

Author: Don M. Winn
Illustrated by Dave Allred
Publisher: Yorkshire Publishing
www.yorkshirepublishing.com

Have you ever dreamed of being able to do what you love best? Have you ever tried to do something special and not gotten it right on the first try? This is a story of a man who loved to make people laugh, but learned that fulfilling his dream might not come easily. Will he give up when things get discouraging? Or is there perhaps another way?

Interactive Children’s Series:
www.cardboardboxedadventures.com



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www.HealthIsWealthFoods.com.